

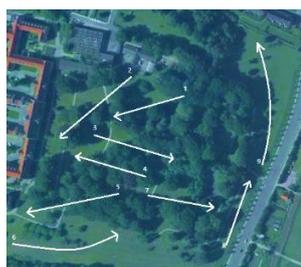
BiRC Summer Walk 2019 – BiRC @ Risskov Disc Golf Park



'Den Permanente'



Basket at the golf park



The 9 holes/baskets at the golf park

When: Friday, 21 June 2019

Where: 'Den Permanente, Risskov & Risskov Disc Golf Park

Program:

11.30: Pick up your bagel & beer/soda in the lunch room

11.45: Leave BiRC around 11.45 if you plan to walk to walk to 'Den Permanente. You can also bike or take a bus, if you prefer this.

12.30: We'll meet somewhere at 'Den Permanente' for lunch.

13.15: We'll meet at Risskov Disc Golf Park and play the 9 holes (BiRC brings discs).

14.25 (approx.): Sweets for the winning team - and for everybody else, of course!

How to sign up: send an email to Ellen (elno@birc.au.dk) no later than **Tuesday 11 June**.

Remember to include your choice of bagel (chili/cheddar, plain or whole wheat).

- 1) Chicken bagel with bacon, sun-dried tomato, lettuce, rocket, cucumber
- 2) Salmon bagel with lettuce, rocket, cucumber, tomato and pickled onion
- 3) Scrimp & egg bagel with lettuce, cucumber, tomato
- 4) Tuna bagel with lettuce, rocket, cucumber, tomato and red onion
- 5) Falafel bagel with lettuce, cucumber, tomato and red onion
- 6) Avocado bagel with lettuce, cucumber, tomato and rocket



How to play disc golf:

Disc golf is similar to traditional golf, however, instead of using golf clubs and balls aiming for a hole, disc golf players use golf discs and aim for a disc golf basket which is a pole extending up from the ground with chains and a basket where the disc lands. The object of the game is to complete each hole in the fewest number of throws, starting from a tee area and finishing with the disc coming to rest in the basket. If you can throw a Frisbee and you like to have fun, you can play disc golf!