BiRC Summer Walk 2019 – BiRC @ Risskov Disc Golf Park

**When:** Friday, 21 June 2019  
**Where:** ‘Den Permanente, Risskov & Risskov Disc Golf Park

**Program:**
11.30: Pick up your bagel & beer/soda in the lunch room
11.45: Leave BiRC around 11.45 if you plan to walk to walk to ‘Den Permanente. You can also bike or take a bus, if you prefer this.
12.30: We’ll meet somewhere at ‘Den Permanente’ for lunch.
13.15: We’ll meet at Risskov Disc Golf Park and play the 9 holes (BiRC brings discs).
14.25 (approx.): Sweets for the winning team - and for everybody else, of course!

**How to sign up:** send an email to Ellen (elno@birc.au.dk) no later than **Tuesday 11 June**. Remember to include your choice of bagel (chili/cheddar, plain or whole wheat).

1) Chicken bagel with bacon, sun-dried tomato, lettuce, rocket, cucumber  
2) Salmon bagel with lettuce, rocket, cucumber, tomato and pickled onion  
3) Scrimp & egg bagel with lettuce, cucumber, tomato  
4) Tuna bagel with lettuce, rocket, cucumber, tomato and red onion  
5) Falafel bagel with lettuce, cucumber, tomato and red onion  
6) Avocado bagel with lettuce, cucumber, tomato and rocket

**How to play disc golf:**
Disc golf is similar to traditional golf, however, instead of using golf clubs and balls aiming for a hole, disc golf players use golf discs and aim for a disc golf basket which is a pole extending up from the ground with chains and a basket where the disc lands. The object of the game is to complete each hole in the fewest number of throws, starting from a tee area and finishing with the disc coming to rest in the basket. If you can throw a Frisbee and you like to have fun, you can play disc golf!